8th Annual Ashland Harvest Run

Saturday, October 22, 2011

Ashland Carter Park

10K Run 9:00 am
5K Walk/Run 9:10 am

Pre-register: Friday October 21, 2011
5:30–7:00 pm, Ashland Library
On site race-day registration & packet pick-up: 7:45-8:45 am

Registration by mail with this form
Or Registration on-line at
https://www.raceit.com

For more information e-mail Ashlandharvestrun@comcast.net
or
contact Lynne (804) 690-1259 or Becky (804) 798-9341

Race will benefit Hanover Habitat for Humanity and
Patrick Henry Family YMCA and various other local charities

Registration Fee

$22 if postmarked by October 15, 2011 $25 after October 16, 2011

Registration fee for group

Fee for group of 3 or more $15 p/person postmarked by October 15, 2011
$20 per person after October 16, 2011

Thank you to our Sponsors:
Allen, Allen, Allen & Allen
Ashland Physical Therapy
JM Pollard & Sons, Inc.
Breedlove Masonry
Patterson Construction & Consulting Co.
Gilman Mechanical

Music by Brent Small

Awards will be given for top runners and t-shirts will be available to the first 250 Participates Cash prizes

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Last Name: _____First: _____
Street Address:_____
City/State/Zip: _____
Phone:_____
E-mail:_____
Male____ Female____ Birth Date_____
Age the day of the race_____

In consideration of this entry being accepted, I, intending to be legally bound hereby for myself, my heirs, executors, and administrators, waive and release any and all rights I may have against the GFWC Ashcake Woman's Club, Inc., Town of Ashland, and all the sponsors of the Ashland Harvest Run to be held October 22, 2011 of any and all injuries suffered by me in said event. I attest that I am physically fit and have sufficiently trained for this event. I also acknowledge that transference of my race number invalidates my registration.
NO animals on leashes, skateboards and skates.

Signature: _____

Date: _____

Parent/guardian must sign for any participant under 18.

Both courses are US Track and Field Certified

10k - 396214
5k - 396206

Circle one:

5K Walk/Run 10K Run

Adult T-Shirt Sizes (circle one)

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Entry fee:
$22 received by Oct. 15.....$_____

$25 after Oct. 16.....$_____

$15 p/person group rate by Oct. 15....$_____

$20 p/person group rate after Oct. 16.$_____

Donation.....$_____

Total.....$_____

All Donations are Tax Deductible #31-1640310

Checks payable to:
GFWC Ashcake Woman's Club, Inc.
P.O. Box 543
Ashland, VA 23005