



# 5K/10K Ashland Harvest Run

## 1 Mile Pumpkin Walk

Saturday October 17, 2015

Ashland Carter Park (1112 Maple St.)

The Ashcake Woman's Club & Hanover Safe Place proudly present the combination of the Ashland Harvest Run and the Pumpkin Run.

### Sponsorships Available

Timing Chips will be used in the 10K & 5K this year, provided by **Commonwealth Timing**

Awards will be given for top runners, and additional cash prizes.

### Registration Fee:

\$25 if received by October 2, 2015.

\$30 after October 2, 2015.

### Registration Fee for Group:

Fee for group of 3 or more \$20/person received by October 2, 2015. \$25 per person after October 2, 2015.

10K Harvest Run 8:00am

5K Harvest Run 8:10am

1 Mile Pumpkin Walk 8:20am

Preregister: Friday October 16, 2015, 5:00-7:00pm, Ashland Library

On site race-day registration & packet pick-up: 6:45-7:45am

Register by mail with this form

or on-line at: <https://www.raceit.com/Register/?event=32654>

For more info email [ashlandharvestrun@comcast.net](mailto:ashlandharvestrun@comcast.net)

or call Stacie at (804)752-2728.

The race will benefit: Hanover Safe Place & ACES

Team/Group/Church Name: \_\_\_\_\_

Last Name: \_\_\_\_\_ First: \_\_\_\_\_

Street Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Male: \_\_\_\_\_ Female: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Age day of the race: \_\_\_\_\_

In consideration of this entry being accepted, I, intending to be legally bound hereby for myself, my heirs, executors and administrators, waive and release any and all rights I may have against the GFWC Ashcake Woman's Club, Hanover Safe Place, Town of Ashland and all the sponsors of the Ashland Harvest Run/ Pumpkin Walk to be held on October 17, 2015 of any and all injuries suffered by me in said event. I attest that I am physically fit and have sufficiently trained for this event. I also acknowledge that transference of my race number invalidates my registration.

**NO animals on leashes, skateboards or skates.**

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parent/guardian must sign for any participant under 18.

Both courses are US Track & Field Certified

10K—396214 & 5K—396206

Circle one:

5K Walk/Run

10K Run

1 Mile Walk

Do you want a t-shirt? (circle one) Yes No

Adult T-Shirt Size (circle one if you answered yes)

S M L XL XXL

Shirts will be guaranteed to those registered by October 2, 2015.

Entry Fee:

\$25 received by Oct. 2 ----- \$ \_\_\_\_\_

\$30 after Oct. 2 ----- \$ \_\_\_\_\_

\$20/person group rate by Oct. 2 --- \$ \_\_\_\_\_

\$25/person group rate after Oct. 2 — \$ \_\_\_\_\_

Donation ----- \$ \_\_\_\_\_

Total ----- \$ \_\_\_\_\_

**All donations are tax deductible.**

Checks payable to:

GFWC Ashcake Woman's Club, Inc.

629A North Washington Highway, Ashland VA 23005