



# CALLING ALL CHURCHES: WE WANT YOU!



Each year since 2004, the Ashcake Woman's Club has hosted the Ashland Harvest Run and raised over \$35,000 to support local charities like ACES, Hanover Safe Place, WHEAT, and this year: Hanover Habitat for Humanity and Patrick Henry YMCA. The race has grown in popularity and is becoming a favorite among both runners and walkers. In fact, last year, we had a great team from **Winn's Baptist Church** and this year we'd like to increase our team participation with a challenge to other church groups. YOU will benefit by getting in shape with friends and also receiving a reduced entry fee, and WE will benefit by increasing the success of the race and our support for local charities. In addition, the largest team this year will receive a **prize of \$100** from our proceeds to benefit the charity or outreach project of their choice. We hope you'll join us in this healthy venture.

Winn's Church will enter again this year and extends an **enthusiastic challenge to all other churches to compete for the prize!** We have attached a sign-up sheet which you can circulate or post at your church. Consider your youth groups, your seniors, your altar guild and so on! Friends may also join your team. ....GAME ON! We hope to hear from you soon.

## DETAILS:



**What & When:** Ashland Harvest Run, October 22, 2011  
10K certified run and 5K certified walk

**Entry Fee:** Usually \$22, but reduced to \$15 each for teams of 3 or more.

**PRIZE: \$100** to the largest church team, for their outreach project of choice  
(Please register by October 15 to be included in the team challenge and be assured a tee shirt. Participants may be added after that, but the registration fee increases. The winning team will be determined by actual participants on Race Day.)

**More information:** This packet includes your team registration form, individual registration form for each participant on your team, and sign up sheets to post or pass around to generate interest. Remember you can include friends from outside your church community

**Questions?** Call Linda Feeley 804-798-4402 or email [lindafeeley@comcast.net](mailto:lindafeeley@comcast.net)



# CHURCH CHALLENGE REGISTRATION FORM

## ASHLAND HARVEST RUN

We would like to enter a team into the Ashland Harvest Run on October 22, 2011

Church Name \_\_\_\_\_

Church Address \_\_\_\_\_

Team Captain/ Contact Person \_\_\_\_\_

Email Address: \_\_\_\_\_ Preferred Phone # \_\_\_\_\_

Mailing Address \_\_\_\_\_

The largest team of participants on the day of the race will be awarded \$100 to use toward the outreach program of their choice. Does your team have a project in mind, and if so, will you provide a brief description?

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We may post this information on our webpage, or share it on race day in the program.

Is that ok with you? \_\_\_Yes \_\_\_No

Provide a list of participants so far. You can scratch names and add names as we go along, but this preliminary list will help us to keep track of teams and registrations. Thanks!

Name / 10K or 5K?	Name / 10K or 5K?	Name / 10K or 5K?

**RETURN THIS FORM AS SOON AS POSSIBLE TO:**

**Linda Feeley By Fax: 804-798-4403 By Mail: 703 Wales Way, Ashland, VA 23005**

**Questions? Call 804- 798-4402**



# 8<sup>th</sup> Annual Ashland Harvest Run

## Saturday, October 22, 2011

### Ashland Carter Park

10K Run 9:00 am

5K Walk/Run 9:10 am

Pre-register: Friday October 21, 2011

5:30-7:00 pm, Ashland Library

On site race-day registration & packet pick-up: 7:45-8:45 am

**CHURCH TEAMS:** Each member must fill out a registration form.  
(Make sure your team captain knows you are participating)

For more information e-mail [Ashlandharvestrun@comcast.net](mailto:Ashlandharvestrun@comcast.net)  
or

Church Challenge Contact: [lindafeeley@comcast.net](mailto:lindafeeley@comcast.net)

Race will benefit Hanover Habitat for Humanity and  
Patrick Henry Family YMCA and various other local charities

#### Thank you to our Sponsors:

**Allen, Allen, Allen & Allen**  
**Ashland Physical Therapy**  
**JM Pollard & Sons, Inc.**  
**Breedlove Masonry**  
**Patterson Construction & Consulting Co.**  
**Gilman Mechanical**

Music by Brent Small

Awards will be given for top runners and t-shirts will be available to the first 250 Participates Cash prizes

#### Registration fee for the Church Challenge

Fee for group of 3 or more \$15 p/person postmarked by October 15, 2011  
\$20 per person after October 16, 2011

### Church Challenge

Church Name \_\_\_\_\_

Last Name: \_\_\_\_\_ First: \_\_\_\_\_

Street Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Male \_\_\_\_\_ Female \_\_\_\_\_ Birth Date \_\_\_\_\_

Age the day of the race \_\_\_\_\_

In consideration of this entry being accepted, I, intending to be legally bound hereby for myself, my heirs, executors, and administrators, waive and release any and all rights I may have against the GFWC Ashcake Woman's Club, Inc., Town of Ashland, and all the sponsors of the Ashland Harvest Run to be held October 22, 2011 of any and all injuries suffered by me in said event. I attest that I am physically fit and have sufficiently trained for this event. I also acknowledge that transference of my race number invalidates my registration.

**NO animals on leashes, skateboards and skates.**

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parent/guardian must sign for any participant under 18.

Both courses are US Track and Field Certified

#### You are entering:

Circle one: **5K Walk/Run** **10K Run**

#### Your Adult T-Shirt Size Preference

Circle One: **S M L X-L XX-L**

#### Entry fee:

**\$22 received by Oct. 15.....\$** \_\_\_\_\_

**\$25 after Oct. 16.....\$** \_\_\_\_\_

**\$15 p/person group rate by Oct. 15....\$** \_\_\_\_\_

**\$20 p/person group rate after Oct. 16.\$** \_\_\_\_\_

**Donation.....\$** \_\_\_\_\_

**Total.....\$** \_\_\_\_\_

**All Donations are Tax Deductible #31-1640310**

Checks payable to:

GFWC Ashcake Woman's Club, Inc.  
P.O. Box 543, Ashland, VA 23005

*Return your form with payment to your team captain, or you may also mail it directly.*



