## Ashland Harvest Run & Pumpkin Walk CHURCH CHALLENGE!

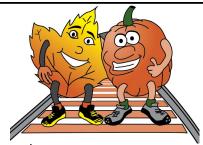
Since 2004, the Ashcake Woman's Club has hosted the annual Ashland Harvest Run. This year, AWC is partnering with Hanover Safe Place to form the Ashland Harvest Run & Pumpkin Walk. The race will feature 3 events (10K, 5K and 1 mile) and we are excited to offer the Church Challenge again this year. The Ashland Harvest Run & Pumpkin Walk will benefit Hanover Safe Place, Hanover Interfaith Free Clinics and Comfort Zone Camps.

We are once again asking churches in our community to challenge your members to participate in the race. Each church will benefit by promoting healthy activity among members, and each participant will receive a reduced entry fee. The Church Challenge helps Ashcake Woman's Club and Hanover Safe Place by increasing the number of individuals we reach, and increasing our participation. The three largest teams will receive prizes of \$100, \$50 or \$25 to benefit the charity or outreach project of their choice.

Attached in this packet you will find a church challenge registration form, sign-up sheet to circulate around your church to generate interest, and the registration form each participant should fill out. Consider asking youth groups, seniors, bible study groups and more.

## Details

- Ashland Harvest Run, Saturday October 18th, 2014, 8:00AM
- Certified 10K course, Certified 5K course, & 1 mile family event
- Entry Fee: \$20 per person for teams of 3 or more through 10/3. \$25/person after 10/3.
- **Prize:** \$100—First Place church team; \$50—Second Place church team; \$25—Third Place church team. The winning team will be determined by the number of registrations through by October 18th.
- Each person needs to fill out a separate registration form.
- T-Shirts are only guaranteed to those who register by October 3rd.
- Questions? Contact Patricia Duvall at patricia.duvall@comcast.net or 804-387-8999.



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Fill out the form below to register your Church Team in the Ashland Harvest Run & Pumpkin Walk on Saturday October 18, 2014.

Church Name:
Church Address:
Team Contact Person:
Email Address:
Phone Number:
The largest team of participants on the day of the race will be awarded \$100 to use toward the outreach program of their choice. Second place will be \$50, and third place will be \$25. Below, please describe, if an an outreach ministry or charity, that your church has in mind to put the prize money towards:
We'd like to post information about each Church Challenge team on our website & Facebook page. If you would rather we not share, please initial here: We also encourage you to share about your participate in the race on your social media accounts.
Remember to have team members list the name of your church as their team name when they register.  Printable registration forms, as well as a link for online registration can be found on www.ashlandharvestrun.com.

Please return this form to GFWC Ashcake Woman's Club, ATTN: Church Challenge, PO Box 543, Ashland VA 23005. Contact Patricia Duvall with questions 804-387-8999 or patricia.duvall@comcast.net.

## Ashland Harvest Run & Pumpkin Walk CHURCH CHALLENGE!

 A group of us are planning to get in shape and participate in the Ashland Harvest Run & Pumpkin Walk on Saturday October 18th. Everyone is welcome and church teams can win a prize of \$100, \$50 or \$25.



- The cost to enter is \$20 per person, and you can bring friends! Each person must fill out their own registration form, found on Ashlandharvestrun.com and list the church as your team.
- More details to come about our training plans. This will be lots of fun, getting
  in shape together. Let us know if you are interested by signing up below.

Our Team Organizer is:
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Your Name	Phone Number	Interested in 10K Run	Interested in 5k Run/Walk	

Your Name	Phone Number	Interested	Interested in	
		in 10K Run	5k Run/Walk	1 Mile Walk