



CALLING ALL CHURCHES: WE WANT YOU!



Since 2004, the Ashcake Woman’s Club has hosted the annual Ashland Harvest Run and raised over \$40,000 to support local charities like ACES, Hanover Safe Place, WHEAT, and this year: Hanover Habitat for Humanity and the Hanover Interfaith Free Clinics. The race has grown in popularity and is becoming a favorite among runners and walkers alike. In fact, last year, we had 4 great church teams (***Winn’s Baptist Church took the prize!***) and this year we’d like to increase that number with a challenge to other church groups. YOU will benefit by getting in shape with friends and also receiving a reduced entry fee, and WE will benefit by increasing the success of the race and our support for local charities. In addition, the 2 largest teams this year will receive **prizes of \$100 or \$50** from our proceeds to benefit the charity or outreach project of their choice. We hope you’ll join us in this healthy venture.

We have attached a sign-up sheet which you can circulate or post at your church. Consider your youth groups, your seniors, your altar guild and so on! *Friends may also join your team.*

DETAILS:



What & When: Ashland Harvest Run, October 20, 2012, 8:30 am
10K certified run and 5K certified walk
NEW THIS YEAR: CHIPS provided by Commonwealth Timing

Entry Fee: Usually \$25, but reduced to \$18 each for teams of 3 or more.

PRIZE: \$100 to the FIRST PLACE church team, for their outreach project of choice
\$50 to the SECOND PLACE church team, for their outreach project of choice

(Please register by October 13 to be included in the team challenge and be assured a tee shirt. Participants may be added after that, but the registration fee increases. The winning team will be determined by actual participants on Race Day.)

More information: This packet includes your team registration form, individual registration form for each participant on your team, and sign up sheets to post or pass around to generate interest. Remember you can include friends from outside your church community.

Questions? Call Linda Feeley 804-798-4402 or email lindafeeley@comcast.net



CHURCH CHALLENGE REGISTRATION FORM

ASHLAND HARVEST RUN

We would like to enter a team into the Ashland Harvest Run on October 20, 2012

Church Name _____

Church Address _____

Team Contact Person _____

Email Address: _____

Preferred Phone # _____

The largest team of participants on the day of the race will be awarded \$100 to use toward the outreach program of their choice. (The second prize will be \$50) Does your team have a project in mind, and if so, will you provide a brief description?

We may post this information on our webpage, or share it on race day in the program. Is that ok with you? ___Yes ___No

Remember to have your members *list your church team* on their individual registration forms. These forms can be found on our website (www.ashlandharvestrun.com) and also on the last page of this packet.

RETURN THIS FORM AS SOON AS POSSIBLE TO: Linda Feeley
By Fax: 804-798-4403 By Mail: 703 Wales Way, Ashland, VA 23005
Or simply email the requested information to: lindafeeley@comcast.net
Questions? Call 804- 798-4402



Sponsorships Available

Timing Chips will be used in the 10K and 5K this year By Commonwealth Timing

Music by Brent Small

Awards will be given for top runners and cash prizes

9th Annual Ashland Harvest Run Saturday, October 20, 2012 Ashland Carter Park

10K Run 8:30 AM 5K Walk/Run 8:40 AM

Pre-register: Friday October 19, 2012 5:00-7:00 PM, Ashland Library

On site race-day registration & packet pick-up: 7:15-8:15 AM

Registration by mail with this form Or Registration on-line at https://www.raceit.com

For more information e-mail Ashlandharvestrun@comcast.net or

contact Lynne (804) 690-1259 or Becky (804) 798-9341

Race will benefit Hanover Habitat for Humanity and Hanover Inter-Faith Clinics and various other local charities

Registration Fee

\$25 if postmarked by October 13, 2012 \$28 after October 13, 2012

Registration fee for group

Fee for group of 3 or more \$18 p/person postmarked by October 13, 2012 \$23 per person after October 13, 2012

Team/Group/Church Name _____

Last Name: _____ First: _____

Street Address: _____

City/State/Zip: _____

Phone: _____

E-mail: _____

Male _____ Female _____ Birth Date _____

Age the day of the race _____

In consideration of this entry being accepted, I, intending to be legally bound hereby for myself, my heirs, executors, and administrators, waive and release any and all rights I may have against the GFWC Ashcake Woman's Club, Inc., Town of Ashland, and all the sponsors of the Ashland Harvest Run to be held October 20, 2012 of any and all injuries suffered by me in said event. I attest that I am physically fit and have sufficiently trained for this event. I also acknowledge that transference of my race number invalidates my registration.

NO animals on leashes, skateboards and skates.

Signature: _____

Date: _____

Parent/guardian must sign for any participant under 18.

Both courses are US Track and Field Certified 10K - 396214 5K - 396206

Circle one:

5K Walk/Run 10K Run

Do you want a T-Shirt? (circle one) Yes No

Adult T-Shirt Sizes (circle one)

S M L X-L XX-L

Shirts will be guaranteed to the first 225 registered by October 13, 2012.

Entry fee: \$25 received by Oct. 13.....\$ _____

\$28 after Oct. 13.....\$ _____

\$18 p/person group rate by Oct. 13...\$ _____

\$23 p/person group rate after Oct. 13.\$ _____

Donation.....\$ _____

Total.....\$ _____

All Donations are Tax Deductible #31-1640310



Checks payable to: GFWC Ashcake Woman's Club, Inc. P.O. Box 543 Ashland, VA 23005